

**AUSTRALIAN FAITH  
COMMUNITY NURSES  
ASSOCIATION [AFCNA]**



*1 DAY COURSE  
FRI JUNE 28th 2024  
9.15am - 3.30pm*

**Compassionate Care  
for One Another**

Only \$50 includes lunch

[\$30 students, pension & AFCNA members]

People in every community are lonely, sick, hurting and in need of good supportive care.

AFCNA uses biblical responses and research-based practice to equip you to effectively and compassionately care for one another in ways that empower and enable everyone to thrive.

Please join us for a one day deep dive into 4 key themes that we will explore together:

- Why your care needs to be compassionate
- Who we care for – the 'whole' person
- How care can be practical and effective
- What care activities are most helpful
- Q&A discussion & practice included



**Register here: <https://afcna30.wildapricot.org/event-5694737>**

**Venue:** Blackwood Hills Baptist Church, 72 Coromandel Pde. Blackwood S.A. 

**Become the care you want to see in your community**

**INFO: [www.afcna.org.au](http://www.afcna.org.au) | M: 0412 134 348 | E: [afcna@outlook.com](mailto:afcna@outlook.com)**

Time	Session name	What we will learn together
09.00am	Registration	<ul style="list-style-type: none"> <li>• Schedule <b>and</b> introduction to facilities</li> </ul>
09.15	Welcome	<ul style="list-style-type: none"> <li>• Opening and introductory activity</li> </ul>
09.30 Session 1	Why we need compassionate care	<ul style="list-style-type: none"> <li>• <b>The context</b> – chronic illness, ageing, disability, mental health, social issues, Indigenous health, domestic violence, addiction, demographics...</li> <li>• <b>Biblical principles for compassionate care</b> – love, justice, service, stewardship, communion, prayer, mercy/grace, compassionate action</li> <li>• <b>Is there a difference between healing and curing?</b></li> </ul>
10.15 Session 2	Who can provide this care	<ul style="list-style-type: none"> <li>• <b>You are a whole person</b> – and so is the person you care for</li> <li>• <b>Body ministry</b> – uses everyone as we are all called to love</li> <li>• <b>Does your theology of care impact your effectiveness?</b></li> </ul>
11.00	Morning Tea	Refreshments provided
11.30 Session 3	A. How and when we can be	<ul style="list-style-type: none"> <li>• <b>Needs-based care</b> – how and when it can be helpful</li> <li>• <b>Strengths-based care</b> – how and when it can be helpful</li> <li>• <b>Practise using strengths-based approaches</b></li> </ul>
12.15 Session 4	B. How and when we can be most helpful	<ul style="list-style-type: none"> <li>• <b>Understanding the continuum of care</b></li> <li>• <b>Change, disruption and the process of transition</b></li> <li>• <b>Support activities during suffering, loss and grief</b></li> </ul>
1.00pm	Lunch	Lunch will be provided
1.45 Session 5	A. What practical responses work	<ul style="list-style-type: none"> <li>• <b>Moving social conversations to deeper places</b></li> <li>• <b>Listening well</b></li> <li>• <b>Using powerful questions</b></li> </ul>
2.30 Session 6	B. Practising an effective response	<ul style="list-style-type: none"> <li>• <b>We will practice the art of listening and asking powerful questions and bringing an appropriate response to various common scenarios</b></li> </ul>
3.25	Feedback	
3.30pm	Close	

This course is designed for any person who wants to care more effectively and compassionately for the people in their life and in their community.

Your facilitators are members of the Australian Faith Community Nurses Association a registered charity and professional nursing association that facilitates faith community care and faith community nursing in Australia. Dr. Anne van Loon and Vicky Legge both have long backgrounds in nursing, health and community care, pastoral care, education and training. They teach from a Christian worldview and use research-based best practice to assist your learning experience.

Please register online and advise us early of specific dietary requirements or access needs which we will try to accommodate. The venue is accessible and wheelchair friendly. There is ample parking at the rear of the church. The church has a café (which only takes cash) if you would like treats or barista coffee during the day. We look forward to welcoming you!