



Advance Care Planning Resources

Advance Care Planning Australia is a website with information in the form of videos, printable 'conversation starters', downloadable 'companion guides' to help get a person started with advance care planning. There are research articles, webinars and even an online course.

<https://www.advancecareplanning.org.au/> Phone 1300 208 582

Dying to Talk is an initiative of Palliative Care Australia to encourage discussion and planning to help people take charge at the end-of-life care. The website has a discussion starter that can be completed online or downloaded including in Aboriginal and Torres Strait Islander discussion starter. There are also 'talk cards' and an art competition. <http://dyingtotalk.org.au/>

Start2talk is a program from Dementia Australia to help people with dementia to plan ahead, thinking about their future and putting plans in place so their choices are known and can be acted upon when they cannot express them later in life. There are multilingual resources, information to make a start on planning yourself or to help someone else plan ahead including for health professionals. <https://www.dementia.org.au/planning-ahead> National Dementia Helpline: 1800 100 500

Donate Life is where Australians can register as organ and/or tissue donors. There is a section for health professionals with an educational package to provide them 'with the necessary knowledge and skills to sensitively support grieving families to make an informed, proactive and enduring decision about donation.' <https://donatelifegov.au/resources/health-professionals>

Dying Matters provides helpful conversation starters and support <https://www.dyingmatters.org/page/TalkingAboutDeathDying>

The Groundswell Project contains interesting, compassionate community projects and responses for dealing with death and grief <http://www.thegroundswellproject.com/>

National Dying to Know Day is on the 8th August and is a day set aside to speak about dying. Perhaps you can organize an event at your church. <http://www.dyingtoknowday.org>

The Conversation Project is a US website with free downloadable conversations starter kits that will help you to have conversations about dying with people. <https://theconversationproject.org/starter-kits/>

Begin the conversation has good conversation starting resources that use the notion of 'Facing the elephant in the room' (US site) <http://www.begintheconversation.org/>

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