

# Australian Faith Community Nurses Association

faith in action  
love in expression  
hope in motion



## Whole Health

Volume 22 No 3 December 2017

*I can't wait to tell you about...*

*change*

I have been elected as your new Chairperson for AFCNA. I feel extremely honoured and I trust God has great plans for AFCNA and that He will equip us for His work.

Let me introduce myself... I am a Clinical Nurse, midwife and currently working as a Senior Project Officer for the New Royal Adelaide Hospital commissioning of technical suites. I have also held positions in Infection Control, Donate Life, and as an EPAS (electronic medical records) educator.

2017 has been a chaotic year for me. My work life has involved managing major change and its impacts for staff. We decommissioned one old hospital, moved it and re-orientated staff to a new work environment with different ways of working, terminology and location and new staff. Change was everywhere, requiring many and varied management strategies.

At the same time, my personal life went through major change with the end of my 26 year marriage. My identity shifted from Mrs to Ms; my professional project role came to an end; my home address is changing as we sell our family home; and my role as mother to adult children is shifting. This requires transition and transformation. God is stripping away all non-essentials and preparing me for His work ahead. Coping well with change and life transitions is essential for our wellbeing.

Change is part of living so we can also expect change within AFCNA. We are refocusing our website, memberships, education and our Board. It can make you feel inadequate for what God is doing! I know I feel inadequate for the Chairperson role, but I trust God has amazing plans for us all. He equips us when we trust him and step out in faith. We can't imagine the plans He has for us, but they will be more than we can imagine or dream of! God is growing and stretching us all, so let's see where and how he moves through us in 2018.

As we are officially 21 and 'come of age', perhaps we could focus on:

- new articles about our practice
- new attitudes and fresh commitment to AFCNA and the FCN role
- new ideas springing forth into new services within our community
- Do you know of events other FCNs should know about?
- Are there gaps in your community, church or health service that an FCN could address?

No idea is too small or silly. If God puts it on your heart, get in touch so we can talk it through. Let's water the seed so it grows shoots and flourishes into the fullness God ordained for it.



Jo Rich

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I want to start with the “Give Me 5” challenge:

- 5 newsletters (Print/Email 5 people to give them away)
- 5 membership invitations (invite 5 nurses to become members or to find out more)
- 5 minutes of prayer each week (it’s just not that much to ask)

“God deeply desires to reveal the fullness of His heart to humanity” (Mason, 2012) and that is our core business. He delights in us individually and in AFCNA and has plans for us. Let’s get on with being used by Him, for Him, and for the wellbeing of others. Blessings ...

Jo Rich

Mason, P, 2012, *The knowledge of the heart*, Supernatural Transformation Series, Quantum Ministries, p. 25.

## Meet the 2018 AFCNA Board

We thought you may want to meet your 2018 Board in a slightly different way so we asked them three questions:

- What were you doing in 2017?
- How will you rest over Christmas?
- What message do you have for FCNs in 2018?

### Meet Jo Rich (Chairperson)



In 2017 I was excited to be part of Australia's biggest health project, moving the old Royal Adelaide Hospital into the new, purpose built building on the other side of the CBD. We opened our doors September 5th and I will stay on project until February 2018.

My Christmas will be spent with family and friends. A lovely, relaxing end to a frantically paced, upending year... such a blessing.

God is sending me to Bible College in Byron Bay in 2018. This was not on my radar until November, so that’s exciting. It is totally God-inspired and exactly where He wants me to be. God is a God of detail, and LAVISH ABUNDANCE. Even though I have a lot of uncertainty, I have peace knowing God is preparing the way ahead. I have peace and joy about this new life that is opening for me and my message for everyone in 2018 is to know that God is GOOD! Bless you all.

### Meet Vicky Legge (Treasurer)

I have been busy doing way too much this year—work, ministry, treasurer for two organisations, running my own business which involves writing and blogging, moving my parents from a remote part of Victoria to Victor Harbor in coastal SA with a few weeks stay at my place in transit, and being a single parent.

I plan to rest at Christmas and have an electronic time-out of 2 weeks, which means no writing, editing or emails! I'll read real books, walk and talk to people.

In 2018 I hope our FCNs will see fresh offerings on AFCNA’s website, with courses and YouTube content to inspire FCN practice and build interest in this wonderful role.



### Meet Judy King (Secretary)



My days are busy, but thankfully not as tiring as when I was working. I am secretary of AFCNA and attend meetings and prepare minutes.

I visit people in hospital and nursing homes and support them by accompanying them on appointments, or help with basic hygiene and feeding. We may listen to the radio or watch television, or I might read to them and we have prayer time together. I enjoy time in my garden and help friends with theirs.

I appreciate being able to attend seminars and conferences, especially from AFCNA as they occur. In my pursuit of holiness, I find these events a time of enrichment, a time of fellowship, and lampstands in my faith life. My prayer is that I share that light as I go and others will join us.

## Meet Lindy Gower

I'm a full time food 'n' nutrition, hospitality teacher at Seymour College, SA.

I buddy, visit and support about 25 fab friends, including some in prison, with messages of HOPE. I enjoy learning about God's powerful promises and how they renew your mind and change your brain!

I love walking my dogs, attending my prayer group, drinking coffee, and having dinner dates with hubby. I will be down at Victor Harbor with my family to relax at Christmas.

Every day we wake up with a mindset that works for us or against us. A negative mindset kills our creativity and diminishes our power, so change that thought! Through Christ we can turn weak, negative thinking into joyful strength so God's goodness can work within us and through us. I'd urge you to recognise who you are in Christ, knowing that in Christ all things work together for GOOD to those who love him (Rom 8:28). God wants to lift us out of the ordinary and into the extraordinary! "If God is for me, who can be against me?" NO-ONE! So have a great 2018.



## Meet Gabi Macaulay



2017 was full, fun, faith filling and apparently not for the faint hearted! I worked part time teaching nursing students the finer points of bedside care, finalised my Masters in Ministry, perfected the best pavlova recipe ever, and started cross stitching again.

My husband and I are taking the family to France for a white Christmas. This has been on my bucket list for years. I will be resting by skiing, cooking (Pavlova) and probably destroying the French language.

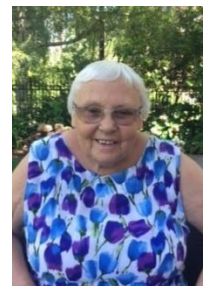
My Mum always taught me 'Carpe Diem—seize the day' and it finds me grabbing opportunities and allowing God to fill my day to the max. I pray we live the abundant life that Jesus died for us to experience. Bless you.

## Meet Pat Watts

In 2017 I have had a bit of battle with respiratory illness but I am continuing to trust God for all I need to heal and continue to serve Him. I am still managing to enjoy croquet when I can.

For Christmas I will enjoy worshipping with my local church and enjoy the festivities where I live.

In 2018 I want to continue to follow the ministry of nursing through AFCNA. I worked for many years as a Bush Nurse, a missionary nurse in Pakistan and as a parish nurse in my Anglican parish where our ministry focused on settling refugees and asylum seekers as well as the needs of our own parishioners. I know what working alone is, so I am available to pray with any FCN and chat through issues if you want a listening ear as your National Mentor. Have a blessed Christmas and 2018.



## Meet Anne van Loon



2017 was a terrific blend of teaching Christian workers to effectively care for vulnerable people, enjoying my grandsons, some travel, laying lawns at my adult children's homes, welcoming a lovely young woman into our home to live with us, working on on-line material for AFCNA, and my daughter is getting married in February...

My children and grandchildren are coming over so it will be lovely to have some family time at the beach, walking, games and no doubt feeding everyone! I'm hoping to go to Bible school for a week in Robe in January to start the year in-step with God.

I want people to experience Christians who walk the talk of Jesus' unconditional and healing love for all, but especially 'the least'. I want to BE LOVE in my community and I hope and pray that FCNs nationally will rise to bring healing into their communities by being tangible expressions of JESUS' LOVE. Have a blessed Christmas and 2018.

## What's the difference between a social and pastoral visit?

Visiting people from your church and your community is an integral aspect of the FCN and pastoral health and care worker's role. These visits are opportunities to get to know the person and what makes them tick, but to get to deeper issues of faith requires a shift to a more pastoral conversation.

Understanding the difference between a social conversation and a pastoral conversation is a great place to start. I have used this table since the 1990s and amended and added to it from my FCN experience. Take some time to consider each point of difference and how you can move from a social conversation to deeper places with your clients. When the time in our conversation seems right, I ask the question, 'How is your walk with Jesus in this situation?' I have been amazed how this has opened up conversations about faith, presenting opportunities for encouragement. People always thank me for the conversation, which we conclude in prayer. Why not have a go! Your FCN practice can be really enriched by such a simple step as having more pastoral conversations with people. Let us know how you go, we'd love to hear about your experiences.

Use the table below to develop your understanding of the difference between social and pastoral conversations.



Conversation in Social visits	Conversation in Pastoral visits
Focus on objects and subjects in general, e.g. weather, sport, work, church, politics	Intentional focus on the person and their relationships to others, the creation and to Jesus
Each person shares their aspect of the discussion topic in a reciprocal manner	Aim to facilitate the space for the person to share <i>their</i> faith story including their doubts
Maintains friendly and respectful environment avoiding discomfort	Expect some discomfort from silence, or stressful responses as the aim to surface issues that need to be faced
Focus is enjoyment of one another's company, getting to know the other person by sharing time together	Focus is on issues hindering personal relationship or growth, seeking to nurture person so they have strength to face issues
Pleasant comfortable presence to enjoy one another's company	Accompanying presence that is loving and gentle, listens well and seeks to empathise
Focus is generally on the other, e.g. what 'they', 'them', 'us' think, say, do and feel	Focus is on the person and their significant relationships, e.g. what 'I', 'you' think, say, do and feel
Discussion topics seldom move beyond general foci to personal foci	Discussion topics seek to move toward a spiritual moment—"How is your walk with Jesus?" to open the faith focus
Conversation tends to be on what 'should' be happening rather than what is occurring	Conversation tends to be focused on what 'is' happening as a way to make what should be happening occur
Questions are general and topic related	Questions may ask how the person is doing at staying connected with the church
May end with a hand shake, a greeting or a hug if appropriate	Aim to end with prayer and a greeting, a handshake, or a hug if appropriate

Anne van Loon RN, PhD 2017

# 'Faith, Hope, Love' leads to 'Love, Hope, Faith'

AFCNA has a motto:

♥ Faith in Action ♥ Love in Expression ♥ Hope in Motion.

*And now these three remain:  
faith, hope and love.  
But the greatest of these is love.*  
1 Corinthians 13:13

Let's take a closer look at what that means for Faith Community Nurses (FCNs). Most Christian nurses recognise they have been called into the vocation of nursing. We are motivated by our Christian faith to put



that faith into demonstrable action using our professional knowledge and skills to obey God's vocational call to serve him in nursing. Filled with God's love we can express that love in our nursing activities. I used to teach undergraduate nurses and I would say to them. "You can wash a patient so they feel like an object—like a bag of chaff on an assembly line, or you can wash them so they feel like a person—respected, dignified, cared for, even loved."

As FCNs that is what we are doing, we are putting our faith into action and expressing God's love in the way we work with people (not just on people) and that way of serving ignites hope in the recipients of our care. Hope is the catalyst for becoming well again. The person starts to see a future, they see a way forward, and they get a clearer vision of what can happen. God's word tells us 'Where there is no vision the people perish' (Proverbs 29:18). Nurses are blessed with the opportunity to reflect and express Jesus' love everyday through their nursing practice.

*May your unfailing love be with us,  
LORD, even as we put our hope in you.*

Psalm 33:22

I recently listened to a pastor speak about the importance of sharing God's word as a demonstration of God's love. This 'word → deed' approach was challenging to me and I reflected on the message wondering why I was more comfortable with a 'deed → word' approach to demonstrating God's love. I feel the latter approach is natural for me and experienced by the person as authentic. It probably comes from my vocation as a nurse, a very

deed-centred profession. I am better at demonstrating God's love by my actions, which I expect will inspire hope in the person who receives my care. This in turn strengthens their faith in a loving and trustworthy God. I recognise this is a 'Love → Hope → Faith' approach, rather than a 'Faith → Hope → Love' approach. The latter approach shares faith with a person and that kindles hope, which strengthens their faith so they grow to love Jesus more.

I think both approaches are good and useful, but I think a 'Love → Hope → Faith' approach has a better fit for nurses and FCNs. In this approach the tap root from which faith grows, is God's love. Love is the foundation on which our actions are built. God is love and expressing loving words and actions to a person enlivens their heart. Our spiritual 'heart' is the part of our being that chooses for or against God. Experiencing love ignites within the person a sense of hope, which strengthens when it is anchored on the firm foundation of a loving God. It is God who enables me to keep on 'loving' a person until their hope is restored. I have seen time and again when hope is rekindled, a person's confidence returns, their expectation of good things in life comes back, and they can begin to see a future again.

It is as if experiencing love tills the soil of the person's heart and awakens the seeds of hope, which God has placed inside each person's spirit. Hope springs into life, but in order for hope to grow stronger it must be anchored and nourished in God's love. Hope gives birth to faith and as it is nourished by love and an eagerness to know God more occurs.

*Yes, my soul, find rest in God;  
my hope comes from Him.*  
Psalm 62:5

Let me tell you about Rebecca as her story clearly explain the 'Love → Hope → Faith' approach. Rebecca came into my work life as a person living with major mental health disorders. She was isolated, experiencing suicidal thoughts, disconnected from her family and dishevelled in her appearance. Over many months of visiting her, walking,

talking, coffees, chats, she began to feel sufficiently loved and worthwhile to feel able to connect with other people. Rebecca began to attend some social activities run by a church in her area. The people from that church demonstrated an authentic desire to include her, and accepted and loved her. Rebecca began to take more care about how she looked. She began to share more with me and with others in the church and I received fewer anxious phone calls from her. Rebecca's speech started to change as well. She spoke about future dreams and aspirations. She got some help working toward some of these dreams by volunteering in her church. People in her church encouraged her and with that encouragement she grew stronger and more hopeful. She asked people questions about their faith. She was very interested in how they sustained their feelings of happiness and hopefulness, because this had been a constant struggle for her. Discussions about God grew over the next few months and faith was birthed in Rebecca. A few months later she was baptised and happily announced to me, "I'm a new creation". There was the 'Love→ Hope→ Faith' approach in action.

When we express God's love in our actions, people experience God and come to know him, because 'GOD IS LOVE'. Hope comes to life. As people continue to be nurtured and encounter God's love in an ongoing way, their hope flourishes and their faith grows.

If people do not have ongoing encounters with God's love, hope fades, faith fizzles and may even end. When this occurs, the despair and apathy that lead to illness and unbelief follow. Therefore, stay anchored in God's love and God's word. This experiencing His love through the actions of fellow Christians, allowing yourself to rest in Him so He can fill you with love, will enable your nursing practice to thrive. I hope you can find time in this Christmas/New Year period to connect with God and enable Him to fill you with love so you can effectively serve in 2018 wherever God places you.

**Anne van Loon RN PhD 2017**

## Turning your empty 'love cup' into one that overflows



Christmas is a time we celebrate the birth of Jesus—Immanuel—('God with us'). That means God is birthed in followers of Jesus Christ, via the Holy Spirit, enabling us to share God's love. We can let it flow through us to bring healing and restoration, freedom, hope and transformation into the lives of those for whom we care. As FCNs we are conduits of God's love. His love is provided to others ('God through us') as we care for them by expressing God's love in our words and actions. We love as if we were caring for Jesus himself.

"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength...Love your neighbour as yourself. There is no commandment greater than these." Mark 12:29-31

A caring role requires demonstration of empathy and sensitivity when we interact with, and listen to people. We must demonstrate dignity and respect in our responses so the person can experience the authentic care that empowers them to move forward with their situation [Chambers & Ryder, 2009]. However, by the end of a busy year in pastoral health and care roles such as faith community nursing, it can feel like you fall into Christmas stressed, stretched and struggling because your 'love cup' is

empty. I've been there (more than once) and I know I am not alone. It happens because we have a servant heart, but it is the antithesis of demonstrating good stewardship and self-care.

We can quickly end up losing the joy of serving God, losing our sense of ministry satisfaction, vision and direction. Quick to follow is a loss of energy and motivation, and if we are not careful, a loss of health and wellbeing. We start to feel isolated, apathetic, sad and grumpy. Our 'love cup' is empty. Having been there, I now recognise the signs earlier. I made up this little metaphor and I hope it will help you too.

Our 'love cup' holds enough love for each day. That's how God designed it. We cannot hang on to our 'love cup'. God expects us to share His love and empty our 'love cup' into the lives of others, especially the most vulnerable in our community. We can cry when our 'love cup' is empty. We feel depleted and low, BUT we can turn to the 'Living Water' (Jesus) and refill our empty 'love cup'. Here's how:

### **1. Acknowledge you only have enough love in your cup for a day**

"Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me." Luke 9:23

### **2. Recognise your love cup is empty and has been replaced with negativity, frustration and sadness**

"The Lord your God among you is powerful— he will save and he will take joyful delight in you. In his love he will renew you with his love; he will celebrate with singing because of you." Zephaniah 3:17

### 3. Clean your love cup by asking God to forgive you

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." 1 John 1:9

### 4. Renew your love cup through prayer and spiritual self-care

"Come with me by yourself to a quiet place and get some rest." Mark 6:31

### 5. Fill your love cup with God's living water through prayer and reading God's word

Jesus answered, "Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life." John 4:13-14

### 6. Use your love cup and recommence serving

"Whoever serves me must follow me; and where I am, my servant also will be. My Father will honour the one who serves me." John 12:26

### 7. Give thanks because your love "cup overflows" with blessings

"You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows." Psalm 23:5

It helps to take a regular look at your 'love cup'. I picture God's love as a waterfall of living water—a never-ending source of love, cascading into our lives and flowing into the lives of others as streams of living water, bringing life and hope, healing and salvation. If I find my cup is empty it's not the source of God's love that has run dry, rather it is me who has moved my cup. I need to turn myself toward the source of love through prayer, and then place my 'love cup' back under God's stream of living water to be refilled. I can do this best through reading God's word. Those two things prayer and Bible reading will help you keep your love cup full. No-one can minister from an empty cup, so it is my prayer that we all make sure our love cup stays close to the source of love—God, in 2018.

Ref: Chambers C and Ryder E (2009) *Compassion and caring in nursing*, Abingdon, Radcliffe Publishing Ltd

Anne van Loon RN PhD 2017

## The art and science of spiritual care

Internationally recognised, College of Nursing Australia endorsed course—8 CPD points

AFCNA is partnering with NCF to bring you a one-day workshop for FCNs and health and pastoral care workers interested in providing spiritual care. The Art and Science of Spiritual Care is global in scope, culturally sensitive, flexible in the way it is taught, participant-centered and application focused. All health and care workers with an interest in spiritual care are encouraged to attend.

**Date** Friday 11<sup>th</sup> May 2018

**Venue** to be arranged

**Cost** \$35 for the day includes lunch, refreshment and a workbook

**Program** Building on a Christian foundation, this program is designed to provide health professionals with the science of spiritual care. It seeks to impart skills to assess and address the person's spiritual concerns in different settings and from various religious/spiritual beliefs and backgrounds.

Session 1: Spiritual care overview: Content and mandate

Session 2: Spiritual care assessment

Session 3: Spiritual interventions and care

Session 4: Challenges in spiritual care

#### Speakers

**Gabrielle Macaulay** RN, RM, BA Science/Nursing, Grad.Dip.Divinity Masters of Divinity

Gabi has worked in a variety of nursing settings. In addition to a Bachelor in Applied Science/Nursing from Sydney University she has certificates in Intensive Care, Cardiac and Neurological nursing and a Graduate Diploma in Midwifery. She currently works as a facilitator with student nurses from University of Sydney.

**Diana Marshall** RN, RM, BN, Grad.Dip.Adv.Nurs, MN, MA Chaplaincy

Diana has worked in general nursing, community, aged care, midwifery, radiation oncology and palliative care. She is currently teaching at Northern Sydney Institute of TAFE and Training Beyond 2000. She is also Pastoral Care Assistant at St Paul's Wahroonga. Diana has a strong commitment to lifelong learning.

## AFCNA Snippets

### New digital education platform

AFCNA has a digital continuing education platform with World Continuing Education Alliance (WCEA) via its International Council of Nurses (ICN) sponsored Google Ads grant. The digital portal has been launched and we will provide instructions in our March 2018 newsletter. AFCNA members gain free access to the portal. You can have a preview by going to the WCEA Education Portal Sitemap to preview available presentations without registering <https://afcna.wcea.education/sitemapA>. This platform will enable AFCNA to provide FCN/HCM courses across Australia and internationally.

### AFCNA website

Vicky Legge is currently working on AFCNA's website content. AFCNA Board has committed to a staged website upgrade, aiming to improve members' experience and provide future-focused communication. We will be launching a YouTube channel in 2018 so we can broadcast multimedia clips for members. You can access articles, past *WholeHealth* newsletters, and resources at [www.afcna.org.au](http://www.afcna.org.au) with more to come.

### New NZFCNA patron

NZFCNA has appointed a new patron, Archbishop Sir David Moxon, an Anglican Bishop in New Zealand and until June 2017, the Archbishop of Canterbury's Representative to the Holy See and Director of the Anglican Centre in Rome. While Bishop of Waikato in 2001 he worked with Elizabeth Hopper a parish nurse at the Cathedral in Hamilton, so he has first-hand experience of Faith Community Nursing. The Very Reverend Charles Tyrell a great supporter of faith community nursing in NZ and globally, stepped down from the patron's role but continues to actively serve on the Board of NZFCNA.



In his Christmas address to FCNs in New Zealand Rev Moxon commented *"As instruments of God's grace and peace, faith based nurses are a means of grace in the community. I thank God for you. At this time of year when we prepare to celebrate the beginning of the healing of the world, faith based nurses witness to what this can mean for body, mind and spirit. At the first Christmas this happened in an unlikely place, in stressful circumstances, through mostly ordinary people, when things seemed to be going wrong. This healing was and is divine love made visible, tangible and life giving."*

## Did you know about...

### Family law changes introduced in Australian Parliament

The Government introduced two bills into parliament in December changing the Family Law Act. The *Family Violence and Other Measures Bill* allows family law matters involving domestic violence to be handled in a single state, territory or Commonwealth court in circumstances where they may currently be spread across a number of jurisdictions, seeking to reduce the need for families to interact with multiple courts across various state and territory family violence and child protection systems.

The *Parenting Management Hearings Bill* establishes a Parenting Management Hearings Panel to provide an alternative, less formal, lower-cost forums to resolve family law disputes involving custody related matters. Both parties must agree and matters will be resolved without legal representation. Panels can make binding administrative orders on parenting arrangements for children similar to 'parenting orders' made by the Family Court. These bills will be debated in 2018.

### Hepatitis A is on increase in Australia

Hepatitis A is usually acquired overseas, but in 2017 cases have occurred locally. It is largely being acquired by men who have sex with men and it is spread by person-to-person transmission and via contaminated food and water. The incubation period is 15 to 50 days. People experience fever, malaise, anorexia, right upper quadrant pain and nausea followed a few days later by dark urine and jaundice. Cases are infectious from two weeks before to seven days after the onset of jaundice. There is no specific treatment and most people fully recover. FCNs should recommend reducing Hepatitis A exposure through safe sex practices including the use of condoms. Avoid preparing food for others and practise universal precautions. Encourage thorough hand washing after toileting, before eating or preparing food. There is an immunisation available. The person should go to a GP because confirmed cases are notifiable to the Communicable Disease Control Branch (CDCB) on 1300 232 272.

For further information on immunisation see the Australian Immunisation Handbook: <http://www.immunise.health.gov.au> and see fact sheet on Hepatitis A <http://www.sahealth.sa.gov.au/youvegotwhat>

# New resources for FCNs and HCM workers

## Research on Faith Community Nursing

In the *International Journal of Faith Community Nursing*, 'Exploration and Description of Faith Community Nurses' Documentation Practices and Perceived Documentation Barriers'. <http://digitalcommons.wku.edu/ijfcn/vol1/iss1/2/>

## Selected papers from Spirituality in Healthcare Conference 2016

"Nurturing the Spirit" found in the *Religions Journal*  
[http://www.mdpi.com/journal/religions/special\\_issues/nurturing\\_the\\_spirit](http://www.mdpi.com/journal/religions/special_issues/nurturing_the_spirit)

## Domestic violence resources

In 2018, almost 210,000 women living in Australia will experience violence at the hands of an intimate partner. A number will be in our churches. Baptist churches in Australia want to "make 2018 the year that the violence in our homes is exposed to the glare of the gospel" said Bill Brown, Chairperson, Australian Baptist Ministries. The campaign 'No Place for Violence Here' produced by Australian Baptist churches is open to all churches so we can all work together to change this. Find resources and information at <https://ajustcause.com.au/no-place-for-violence/>

## Aged care service finder

An online search tool to help older people to find help at home, home care package providers, aged care homes and Aged Care Assessment Teams (ACATs): <http://www.myagedcare.gov.au/service-finder?tab=assessment-team>

## Residential aged care palliative approach toolkit

A set of resources designed to assist residential aged care providers to implement a comprehensive, evidence-based palliative approach to care for appropriate residents: <http://goo.gl/p1iqQh>

## Heart Foundation hypertension resources for health professionals

Guidelines and tools related to management of hypertension, lifestyle advice for confirmed hypertension and blood pressure information for patients: <http://goo.gl/BBIFKh>

## Heart Foundation healthy eating resources

Engage your church with 200 healthy recipes to help them learn about the impact of salt, cholesterol in food, carbohydrates and sugars, saturated and Trans fats on their body and find out about healthy weight.  
<https://www.heartfoundation.org.au/recipes>

## Lung Foundation Lung Cancer Multidisciplinary Team Directory

Assist FCNs to access multidisciplinary care throughout lung cancer's trajectory, addressing lung cancer care, psychological and physical needs and best practice standards in treatment. A tool for people with lung cancer 'Your Pathway Through Lung Cancer Care' - aims to improve outcomes by empowering people with lung cancer and their families with information about their diagnosis and what to expect <https://lungfoundation.com.au/mdt/>

## Cancer Council SA Cancer Service Guide

An online search tool to help people with cancer to find support services for different types of cancer  
<https://goo.gl/TBxrfn>

## Conferences in 2018

### **2018 Westberg Symposium for Faith Community Nurses**

This is a wonderful annual conference where FCNs from across North America and the world meet to further their practice. This year's dates are April 9-11, 2018 and will be held in Memphis, Tennessee

Theme: 'Expanding Horizons of Faith Community Nursing Practice'  
Enquiries: Bryana Polk [polkb@churchhealth.org](mailto:polkb@churchhealth.org)  
Register: <https://westberginstitute.org/symposium2018/>

### **New Zealand Faith Community Nurses Association 2018 annual conference**

NZFCNA conference will meet on Fri 7th & Sat 8th September 2018, Tauranga, New Zealand. It would be fantastic to have a good contingent of nurses who were able to make it to New Zealand and join with their FCNs. I have been a couple of times and they have always been really rich times of great blessing. Why not plan your holiday and take a conference in along the way?

Theme: 'A toolbox of resources toward development of positive mental health in the world today'  
Enquiries: Shirley Allan [admin@faithcommunitynursing.nz](mailto:admin@faithcommunitynursing.nz)

### **European Parish Nurse Networks and Nurses Christian Fellowship**

4-6 June 2018 in Break Sokos Hotel Eden, Oulun, Finland

Theme: 'Parish Nursing in Practice'  
Enquiries: Mirva Kuikka [mirva.kuikka@evl.fi](mailto:mirva.kuikka@evl.fi)  
Register: [https://www.lyyti.fi/reg/European\\_Parish\\_nursing\\_conference\\_2018](https://www.lyyti.fi/reg/European_Parish_nursing_conference_2018)

### **Lutheran Parish Nurses Australia International study tour to Canada in 2018**

Tour begins in Winnipeg on 13 September and ends in Regina on 20 September. Information and registration forms are available from: [robert.wiebusch@lca.org.au](mailto:robert.wiebusch@lca.org.au).

### **Nurses Christian Fellowship - Pacific and East Asia Conference 2018**

PACEA Conference will be held 7-10 June 2018 in Taiwan, at the Chientan Youth Activity Centre, Taipei.  
Pre-conference training courses will be held 4-7 June

Theme: 'For Such a Time as This' – Christian Nursing in a Troubled World  
Enquiries: [pacea.region@gmail.com](mailto:pacea.region@gmail.com)

### **Nurses Christian Fellowship – Caribbean & North America Regional Conference 2018**

CANA Conference will be held July 18 – 22, 2018 at Azusa Pacific University, California USA.

Theme: 'Infusing Hope in Nursing—A Christian Perspective'  
Enquiries: [cana@ncfi.org](mailto:cana@ncfi.org)

# Membership

It's never too late to renew or to join. While still only \$30, your membership allows AFCNA to keep you networked with newsletters, conferences, new resources, access to discounts and the online education portal, and as our website upgrade continues to have access to members only content [www.afcna.org.au](http://www.afcna.org.au). Your fees enable us to provide scholarships to support FCNs, and keep an ecumenical Christian presence in the profession of nursing via CoNNMO membership.

Please renew your membership and invite others to join us as we seek to develop pastoral health and care ministry via faith community nurses. Your membership is vital.

You can sign up and pay via the net at <http://afcna.org.au/members-options/> or complete and send us the form below, paying via cheque or internet transfer.

## Australian Faith Community Nurses Association MEMBERSHIP 2018

Name ..... Address .....

..... Postcode ..... Phone (.....).....

Mobile..... Email .....

1. I am happy to be included in AFCNA networking via the AFCNA data base Yes ☐ No ☐ (privacy assured)
2. Practising FCN/Health Ministry Yes ☐ No ☐
3. Current AHPRA Registration Yes ☐ No ☐
4. I consent to my details being shared with AFCNA members' prayer network. Yes ☐ No ☐
5. Newsletter: email or Australia Post (please circle preference)

Signed: \_\_\_\_\_

**Full membership** (\$30.00/year) ☐    **Concession** (\$20.00/year) ☐    **Donation:** AFCNA General Fund ☐

**Electronic transfer:** Australian Faith Community Nurses Association Incorporated BSB: 704 - 922; Account No. 100012768    Please insert your name as the reference code

**Make cheques payable to:** Australian Faith Community Nurses Association

**Mail to:** Treasurer, Australian Faith Community Nurses Association, PO Box 2707, Kent Town, SA 5071

Please submit your photos and stories for *WholeHealth* to [afcna@afcna.org.au](mailto:afcna@afcna.org.au) or send to [annevanloon@internode.on.net](mailto:annevanloon@internode.on.net).  
Ph 08 8278 8274.

Deadline for next issue: 28 February 2018

Your snippets and stories are essential for the content of the newsletter to be both informative and share the joys and opportunities of the FCN role.

**Disclaimer:** In no event will AFCNA be liable to anyone for any decision made or action taken by anyone in reliance on information in this newsletter.

## OUR AIMS

- Provide education, resources and networking for nurses working in faith communities
- Provide resources, education and consultancy to faith communities to enable viable health & care ministry
- Liaise with government and other organisations to further the FCN ministry
- Enable FCNs to meet their professional practice requirements

## CONTACT US

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Association Inc.**

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Community Nurses Associations](#)